

College of Graduate Studies

School of Interdisciplinary Research & Graduate Studies (SIRGS)

INVITATION

CGS Interdisciplinary Seminar

“Sport & Exercise Psychology in South Africa”

Over the years, the field of sport and exercise psychology has showed immense growth globally. However, in South Africa, there has been a cautious and gradual growth in the field of sports psychology. Of course, the topic of sport and exercise psychology has sparked interest, media coverage and inclusion in some sporting codes. While these are encouraging strides, the field remains underdeveloped and unregulated. Researchers and practitioners still face challenges, which will be discussed in this seminar.

DATE: Tuesday, 7 May 2024
TIME: 09:00 – 10:00
TO ATTEND: Join the Seminar on **MS Teams**
<https://bit.ly/3VErQp2>
ENQUIRIES: tmatjit@unisa.ac.za



Keynote Speaker:

Dr Keketjo Tsebe
Senior Lecturer
Department of Psychology
College of Human Sciences
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